



# VIII OPEN TAEKWONDO ITF

2 JUNE 2024

GENOVA-ITALIA

## INVITATION

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Dear ITF members,

we invite you to the **VIII OPEN TAEKWONDO ITF** which will be held in **PALAFIGOI**, Via Lago Figoi 15, **GENOVA-ITALY** on Sunday June 2th 2024, according to the following program time: about 7 hours of Individual Competition for all categories from 5 to 55 years old.

Please receive the necessary information to attend the **VIII OPEN TAEKWONDO ITF** event. Closing of the online registration will be on Monday 27 th May 2024.

We are looking forward to meeting you in the beatifull GENOVA!!



Ari Korean Academy Organization Team

TAEKWONDO GENOVA - ITALY

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## Information

### Date and Place

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The event will be held on June 2th, 2024, in the Sports Hall PALAFIGOI,  
Via Lago Figoi 15, GENOVA-ITALY.

### How to arrive

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The venue can be easily reached from the center of Genova by a 15 minutes travel.

- Arriving at Railway Station Genova Principe, Genova Brignole (center of Genova) or Genova Sestri Ponente.
- By Public Transport: take bus N° 53 near Genova Sestri Ponente Railway station (Via Travi) to Palafigoi (tot. 8 min.).
- Arriving at Cristoforo Colombo Airport, then take shuttle to Genova Sestri Ponente Railway station
- Arriving to Port of Genova, Terminal Traghetti
- Arriving by car: by highway exit Genova-Aereoporto

<https://maps.app.goo.gl/vYQuNcdJKCLbGtZH8>



### Accomodation

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You can find different solutions in Genova near Palafigoi or in the center of Genova (hotel, bed and breakfast and apartment). We can help you to find the best solution for you and your Team. We recommanded tobook early because June is high season.

You can use also [www.booking.com](http://www.booking.com) or [www.airbnb.it](http://www.airbnb.it).

## Competition

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The participation to VIII TAEKWONDO GENOVA is OPEN for all clubs or members of ITF organizations in Italy and abroad.

Competitors must be in possession and accept the following to participate:

- Taekwondo dobok.
- To accept the competition program.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals will be given to **1st**, **2nd** and one or two **3rd** place winner.
- For other matters, the ITF competition rules will be observed.

## Age Divisions

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- 1) Chicks (5-6 years)
- 2) Dragons (7-8 years)
- 3) Kids (9-11 years )
- 4) Cadets (12-14 years)
- 5) Junior (15-17 years)
- 6) Seniors (18-34 years)
- 7) Veterans (35-55 years)

## Inscription

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Inscription for this event must be done online through [www.handlesport.com](http://www.handlesport.com)

Closing of the online inscription: **Monday 27th May 2024** at 22.00 hrs.

Draws will be online on **Wednesday May 29 th 2024**, from 22.00 hrs. [www.handlesport.com](http://www.handlesport.com)

The payment for registration have to be done by two methods:

- To Ari Korean Academy by bank transfer IBAN IT72U0200801401000106570319 - deadline **Monday 27th May 2024**
- On site the day of competition (please each have to prepare the correct amount for the registered athletes).

With the enrollment closed, all registered athletes will **have to pay the registration** fee even if not attending.

**Each Team Director or Coach is responsible for the correct registration and for all documents of his/her athletes!! Please be very accurate with all data in order not to be penalised during competitions.**

## Competition Entry Fees

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Individual € 25 (for one or two competitions)

Individual € 30 (for three or four competitions)

## Umpires

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Any Team must participate with Umpire(s) according to the following:

- Up to 4 competitors: if it is available an umpire is welcome / More than 4 competitors: minimum 1 Umpire / More than 8 competitors: minimum 2 Umpire
- Umpire outfit: dark blue (or black) pants, dark blue jacket, tie, white shirt and white shoes.
- Umpires will be provided with drinks and snacks.
- Umpires over IV Dan shall receive a compensation based on the role played during the event.

## Sparring Equipment - Competitors must have the following equipment:

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- Hand and foot gear (color is not important).
- Red and Blue Head gear depending the draw.
- Transparent mouth guard.
- Groin guard (worn inside the dobok trousers).

## Competition Program

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08:00	Opening of the Sports Hall
08:20	Arrival athletes
08:30	Umpire gathering
08:40	Meeting Coachs
08:50	Opening speech – Competitors, Coaches, Authorities lining up
09:00	Competitors ready close to their assigned ring

## PATTERN CATEGORIES

### Individual Male and Female Pattern Divisions:

#### 1) Chicks Division (5-6 years old), mixed category Male/Female:

Group 1	BELT: 10°+9° Kup	Competitor's free choice: SAJU JIRUGI (left arm) or CHON JI
Group 2	BELT: 8°→6°Kup	Competitor's free choice from CHON JI to WON HYO
Group 3	BELT: 5°→2°Kup	Competitor's free choice from CHON JI to HWA RANG

#### 2) Dragons Division (7-8 years old), mixed category Male/Female:

Group 1	BELT: 10°→8° Kup	Competitor's free choice: SAJU JIRUGI (left arm) or DAN GUN
Group 2	BELT: 7°→5°Kup	Competitor's free choice from CHON JI to YUL GOK
Group 3	BELT: 4°→1°Kup	Competitor's free choice from CHON JI to CHOONG MOO

#### 3) Kids Division (9-11 years old), mixed category Male/Female

Group 1	BELT: 10°→8° Kup	Competitor's free choice: SAJU JIRUGI (left arm) to DAN GUN
Group 2	BELT: 7°→5°Kup	Competitor's free choice from CHON JI to YUL GOK
Group 3	BELT: 4°→2°Kup	Competitor's free choice from CHON JI to HWA RANG
Group 4	BELT: 1°Kup → I Dan	Competitor's free choice from CHON JI to GE BAEK

#### 4) Cadets Division (12-14 years old), mixed category Male/Female:

Group 1	BELT: 10°→8° Kup	Competitor's free choice: SAJU JIRUGI (left arm) to DAN GUN
Group 2	BELT: 7°→5°Kup	Competitor's free choice from CHON JI to YUL GOK
Group 3	BELT: 4°→2°Kup	Competitor's free choice from CHON JI to HWA RANG
Group 4	BELT: 1°Kup → I Dan	Competitor's free choice from CHON JI to GE BAEK

#### 5) Junior Division (15-17 years old), Male and Female:

Group 1	BELT: 10°→7° Kup	Competitor's free choice: SAJU JIRUGI (left arm) to DO SAN
Group 2	BELT: 6°→3°Kup	Competitor's free choice from CHON JI to TOY GYE
Group 3	BELT: 2°Kup → II Dan	Final competition: 1°: Competitor's free choice from CHON JI to JUCHE 2°: Umpire's choice from CHON JI to JUCHE

#### 6) Adult Division (18-34 years old), Male and Female:

Group 1	BELT: 10°→7° Kup	Competitor's free choice: SAJU JIRUGI (left arm) to DO SAN
Group 2	BELT: 6°→3°Kup	Competitor's free choice from CHON JI to TOY GYE
Group 3	BELT: 2°Kup→ I Dan	Final competition: 1°: Competitor's free choice from CHON JI to GE BAEK 2°: Umpire's choice from CHON JI to GE BAEK
Group 4	BELT: II Dan→ IV Dan	Final competition: 1° Competitor's free choice from CHON JI to MOON MOO 2° Umpire's choice from CHON JI to MOON MOO

## 7) Veteran Division (35-55 years old), Male and Female:

<b>Group 1</b>	<b>BELT: 10°→ 7° Kup</b>	<b>Competitor's free choice: SAJU JIRUGI (left arm) to DAN GUN</b>
<b>Group 2</b>	<b>BELT: 6°→ 3°Kup</b>	<b>Competitor's free choice from CHON JI to TOY GYE</b>
<b>Group 3</b>	<b>BELT: 2°Kup→ I Dan</b>	<b>Final competition: 1°: Competitor's free choice from CHON JI to GE BAEK 2°: Umpire's choice from CHON JI to GE BAEK</b>
<b>Group 4</b>	<b>BELT: II Dan→ III Dan</b>	<b>Final competition: 1°: Competitor's free choice from CHON JI to CHOI YONG 2°: Umpire's choice from CHON JI to CHOI YONG</b>
<b>Group 5</b>	<b>BELT: IV Dan→ VI Dan</b>	<b>Final competition: 1°: Competitor's free choice from CHON JI to TONG IL 2°: Umpire's choice from CHON JI to TONG IL</b>

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.
- Unless stated each bout consists of one pattern only.

## SPARRING CATEGORIES

### Individual Male and Female Sparring Divisions:

The Chicks division (5-6 years old) will not do the sparring. The categories **Dragons** must wear the helmet with the **GRATE**; for Kids Division the grate is optional. The grates will also be available from the organization. The Dragons, Kids and Cadets categories will be divided into sparring based on age, belt, height and depending on the number of participants.

### 2) Dragons Division (7-8 years old), mixed category Male/Female:

<b>GROUP</b>	<b>BELT</b>	<b>ROUND+TIME</b>	<b>HEIGHT</b>
<b>A</b>	<b>10°→ 8° Kup</b>	<b>1 round x 60 sec</b>	<b>-122 cm, -128 cm, + 128 cm</b>
<b>B</b>	<b>7°→ 5°Kup</b>	<b>1 round x 60 sec</b>	<b>-122 cm, -128 cm, + 128 cm</b>
<b>C</b>	<b>4°→ 1°Kup</b>	<b>1 round x 60 sec</b>	<b>-122 cm, -128 cm, + 128 cm</b>

### 3) Kids Division (9-11 years old), category Male and Female

<b>GROUP</b>	<b>BELT</b>	<b>ROUND+TIME</b>	<b>HEIGHT</b>
<b>A</b>	<b>10°→ 8° Kup</b>	<b>1 round x 60 sec</b>	<b>-131 cm, -139 cm, + 139 cm</b>
<b>B</b>	<b>7°→ 5°Kup</b>	<b>1 round x 60 sec</b>	<b>-131 cm, -139 cm, + 139 cm</b>
<b>C</b>	<b>4°→ 1°Kup</b>	<b>1 round x 60 sec</b>	<b>-131 cm, -139 cm, + 139 cm</b>

### 4) Cadets Division (12-14 years old), category Male and Female:

<b>GROUP</b>	<b>BELT</b>	<b>ROUND+TIME</b>	<b>HEIGHT</b>
<b>A</b>	<b>10°→ 7° Kup</b>	<b>1 round x 75 sec</b>	<b>-142 cm, -152 cm, + 152 cm</b>
<b>B</b>	<b>6°→ 3°Kup</b>	<b>1 round x 75 sec</b>	<b>-142 cm, -152 cm, + 152 cm</b>
<b>C</b>	<b>2°Kup → I Dan</b>	<b>1 round x 75 sec</b>	<b>-142 cm, -152 cm, + 152 cm</b>

**5) Junior Division (15-17 years old), Male and Female:**

**Male**

GROUP	BELT	ROUND+TIME	Kg
A	10°→7° Kup	1 round x 75 sec	-57, -63, -70, +70
B	6°→3°Kup	1 round x 75 sec	-57, -63, -70, +70
C	2° Kup→II Dan	2 round x 60 sec	-57, -63, -70, +70

**Female**

GROUP	BELT	ROUND+TIME	Kg
A	10°→7° Kup	1 round x 75 sec	-52, -57, -63, +63
B	6°→3°Kup	1 round x 75 sec	-52, -57, -63, +63
C	2° Kup→II Dan	2 round x 60 sec	-52, -57, -63, +63

**6) Adult Division (18-34 years old), Male and Female:**

**Male**

GROUP	BELT	ROUND+TIME	Kg
A	10°→7° Kup	1 round x 75 sec	-63, -70, -77, +77
B	6°→3°Kup	1 round x 75 sec	-63, -70, -77, +77
C	2° Kup→I Dan	1 round x 75 sec	-63, -70, -77, +77
D	II Dan → V Dan	2 round x 60 sec	-63, -70, -77, +77

**Female**

GROUP	BELT	ROUND+TIME	Kg
A	10°→7° Kup	1 round x 75 sec	-57, -63, -70, +70
B	6°→3°Kup	1 round x 75 sec	-57, -63, -70, +70
C	2° Kup→I Dan	1 round x 75 sec	-57, -63, -70, +70
D	II Dan → V Dan	2 round x 60 sec	-57, -63, -70, +70

**7) Veteran Division (35-55 years old), Male and Female:**

**Male**

GROUP	BELT	ROUND+TIME	Kg
A	10°→7° Kup	1 round x 75 sec	-63, -70, -77, +77
B	6°→3°Kup	1 round x 75 sec	-63, -70, -77, +77
C	2° Kup→I Dan	1 round x 75 sec	-63, -70, -77, +77
D	II Dan → VI Dan	1 round x 90 sec	-63, -70, -77, +77

**Female**

GROUP	BELT	ROUND+TIME	Kg
A	10°→7° Kup	1 round x 75 sec	-57, -63, -70, +70
B	6°→3°Kup	1 round x 75 sec	-57, -63, -70, +70
C	2° Kup→I Dan	1 round x 75 sec	-57, -63, -70, +70
D	II Dan → VI Dan	1 round x 90 sec	-57, -63, -70, +70

## SPECIAL TECHNIQUES CATEGORIES

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### Individual Male and Female Special Techniques Divisions:

#### 1) Chicks Division (5-6 years old), mixed category Male/Female:

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 8° Kup	-120, -128, + 128 cm	TWIMYO AP JOOMUK JIRUGI
B	From 7° Kup	-120, -128, + 128 cm	TWIMYO AP JOOMUK JIRUGI

#### 2) Dragons Division (7-8 years old), mixed category Male/Female:

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 7° Kup	-123, -133, + 133 cm	TWIMYO AP JOOMUK JIRUGI
B	From 6° Kup	-123, -133, + 133 cm	TWIMYO AP JOOMUK JIRUGI

#### 3) Kids Division (9-11 years old), category Male and Female

##### Male

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 6° Kup	-128, -139,+ 139 cm	TWIMYO AP JOOMUK JIRUGI
B	From 5° Kup	-128, -139,+ 139 cm	TWIMYO AP JOOMUK JIRUGI

##### Female

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 6° Kup	-128, -138,+ 138 cm	TWIMYO AP JOOMUK JIRUGI
B	From 5° Kup	-128, -138,+ 138 cm	TWIMYO AP JOOMUK JIRUGI

#### 4) Cadets Division (12-14 years old), category Male and Female:

##### Male

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 7° Kup	-140, -152, + 152 cm	TWIMYO NOPI AP CHA BUSIGI
B	6°→ 3° Kup	-140, -152, + 152 cm	TWIMYO NOPI AP CHA BUSIGI
C	2° Kup→I Dan	-140, -152, + 152 cm	TWIMYO NOPI AP CHA BUSIGI

##### Female

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 7° Kup	-138, -150, + 150 cm	TWIMYO NOPI AP CHA BUSIGI
B	6°→ 3° Kup	-138, -150, + 150 cm	TWIMYO NOPI AP CHA BUSIGI
C	2° Kup→I Dan	-138, -150, + 150 cm	TWIMYO NOPI AP CHA BUSIGI



**5) Junior Division (15-17 years old), Male and Female:**

**Male**

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 6° Kup	-158, -172, + 172 cm	TWIMYO NOPI AP CHA BUSIGI
B	5°→ 2° Kup	-158, -172, + 172 cm	TWIMYO NOPI AP CHA BUSIGI
C	1° Kup→ II Dan	-158, -172, + 172 cm	TWIMYO NOPI AP CHA BUSIGI

**Female**

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 6° Kup	-158, -167, + 167 cm	TWIMYO NOPI AP CHA BUSIGI
B	5°→ 2° Kup	-158, -167, + 167 cm	TWIMYO NOPI AP CHA BUSIGI
C	1° Kup→ II Dan	-158, -167, + 167 cm	TWIMYO NOPI AP CHA BUSIGI

**6) Adult Division (18-34 years old), Male and Female:**

**Male**

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 5° Kup	-172, + 172 cm	TWIMYO AP JOOMUK JIRUGI
B	4°→ 1° Kup	-172, + 172 cm	TWIMYO NOPI AP CHA BUSIGI
C	I Dan→V Dan	-172, + 172 cm	TWIMYO NOPI AP CHA BUSIGI

**Female**

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 5° Kup	-165, + 165 cm	TWIMYO AP JOOMUK JIRUGI
B	4°→ 1° Kup	-165, + 165 cm	TWIMYO NOPI AP CHA BUSIGI
C	I Dan→V Dan	-165, + 165 cm	TWIMYO NOPI AP CHA BUSIGI

**7) Veteran Division (35-55 years old), Male and Female:**

**Male**

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 5° Kup	-172, + 172 cm	TWIMYO AP JOOMUK JIRUGI
B	4°→ 1° Kup	-172, + 172 cm	TWIMYO AP JOOMUK JIRUGI
C	I Dan→VI Dan	-172, + 172 cm	TWIMYO NOPI AP CHA BUSIGI

**Female**

GROUP	BELT	HEIGHT	TECHNIQUE
A	10°→ 5° Kup	-165, + 165 cm	TWIMYO AP JOOMUK JIRUGI
B	4°→ 1° Kup	-165, + 165 cm	TWIMYO AP JOOMUK JIRUGI
C	I Dan→VI Dan	-165, + 165 cm	TWIMYO NOPI AP CHA BUSIGI

## POWER TEST CATEGORIES

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### Individual Male and Female Power Techniques Divisions:

The Divisions: 1) Chicks, 2) Dragons, 3) Kids, 4) Cadets will not participate to the power test.

#### 5) Junior Division (15-17 years old):

##### Male

GROUP	BELT	WEIGHT	TECHNIQUES
A	2°→1° Kup	-65, + 65 Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
B	I Dan→II Dan	-65, + 65 Kg	1) SONKAL DAERIGI 2) DOLLYO CHAGI

##### Female

GROUP	BELT	WEIGHT	TECHNIQUES
A	2°→1° Kup	-60, + 60 Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
B	I Dan→II Dan	-60, + 60 Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI

#### 6) Adult Division (18-34 years old):

##### Male

GROUP	BELT	WEIGHT	TECHNIQUES
A	4°→1° Kup	-70, + 70 Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
B	I Dan→V Dan	-70, + 70 Kg	1) AP JOOMUK JIRUGI 2) DOLLYO CHAGI

##### Female

GROUP	BELT	WEIGHT	TECHNIQUES
A	4°→1° Kup	-64, + 64 Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
B	I Dan→V Dan	-64, + 64 Kg	1) SONKAL DAERIGI 2) DOLLYO CHAGI

**7) Veteran Division (35-55 years old):**

**Male**

GROUP	BELT	WEIGHT	TECHNIQUES
A	6° → 3° Kup	-75, + 75Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
B	2° Kup → II Dan	-75, + 75 Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
C	III Dan → VI Dan	-75, + 75Kg	1) AP JOOMUK JIRUGI 2) DOLLYO CHAGI

**Female**

GROUP	BELT	WEIGHT	TECHNIQUES
A	6° → 3° Kup	-68, + 68Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
B	2° Kup → II Dan	68, + 68Kg	1) SONKAL DAERIGI 2) YOPCHA JIRUGI
C	III Dan → VI Dan	68, + 68Kg	1) SONKAL DAERIGI 2) DOLLYO CHAGI

**Attention please:** participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.

We are looking forward to meeting you in Italy, please feel free to ask any question to: [arikoreanacademy@gmail.com](mailto:arikoreanacademy@gmail.com)

