

# SCOTTISH CHAMPIONSHIPS 2018



## INVITATION

1<sup>st</sup> January 2018

Dear ITF Members,

It is with great pleasure that you and your students are invited to the ITF Scottish Championships on 17<sup>th</sup> & 18<sup>th</sup> February 2018, according to the following schedule;

**Saturday 17<sup>th</sup> February    13 years & under**  
(Tots, Kids & Pre-Junior)

**Sunday 18<sup>th</sup> February    14 years & over**  
(Junior, Senior & Adv. Senior)

This competition is open to ITF Taekwon-Do students 10<sup>th</sup> Kup to 6<sup>th</sup> Degree.

Please take the time to read the following information.

We look forward to seeing you and your students at the competition.

Yours in Taekwon-Do,

ITF Scotland Tournament & Umpire Committee

# INFORMATION

## DATE & VENUE

The event will be held on

**Saturday 17<sup>th</sup> February 2018** – Tots, Kids & Pre-Junior Competition

**Sunday 18<sup>th</sup> February 2018** – Junior, Adults & Senior Competition

In **Ravenscraig Regional Sports Facility**, 1 O'Donnell Way,  
Motherwell, North Lanarkshire.

The competition is open only to ITF members, and will run according to ITF rules & regulations.

Competitors must wear ITF dobok (no club suits), and ITF Belt (no full stripe belts, other than Junior Black Belt). Competitors must be from 10<sup>th</sup> Kup to 6<sup>th</sup> Degree.

## DIVISIONS & CATEGORIES

The competition will be divided into the following divisions:

- Tots (7 years & under)
- Kids (8 – 10 years)
- Pre-Junior (11 – 13 years)
- Junior (14 – 17 years)
- Senior (18 – 35 years)
- Adv. Senior (36 years & over)

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There must be at least two (2) competitors in any division and /or category. In case of only one (1) competitor, ITF Scotland reserve the right to merge the competitor to another category.

A full list of categories can be found on the event website.

## PATTERN

In each category the competitors will perform one optional pattern according to their grade.

e.g. Yellow Belt Pattern Competitors can perform either Dan-Gun or Do-San.

In the final, the competitors will perform two patterns; one pattern designated according to grade, and one pattern designated from Chon-Ji to their grade.

## SPARRING

Height/Weight classes for sparring competition will be:

Tots <110cm, <120cm, <130cm, >130cm

Peewee <120cm, <130cm, <140cm, <150cm, >150cm

Cadets <140cm, <150cm, <160cm, <170cm, >170cm

Juniors *White -Blue Belts*

Male <56kg, <68kg, >68kg

Female <50kg, <60kg, >60kg

*Red / Black Belts*

Male <50kg, <56kg, <62kg, <68kg, <75kg, >75kg

Female <45kg, <50kg, <55kg, <60kg, <65kg, >65kg

Seniors *White -Blue Belts*

Male <63kg, <78kg, >78kg

Female <56kg, <68kg, >68kg

*Red / Black Belts*

Male <57kg, <63kg, <70kg, <78kg, <85kg, >85kg

Female <50kg, <56kg, <62kg, <68kg, <75kg, >75kg

Adv. Senior Male <73kg, <85kg, >85kg

Female <58kg, <68kg, >68kg

Please note point sparring will be in place for all 10 years and under, white and yellow belts only. All other categories are continuous sparring.

Tots, Kids and Pre-Junior's all bouts will be 1 x 2 minutes  
Juniors, Senior's & Adv. Senior bouts will be 1 x 2 minutes. Finals will be 2 x 2 minute rounds.

### **SPECIAL TECHNIQUE**

White – Blue belt competitors will complete the following techniques:

- Nopi Chagi

Red & Black Belt competitors will complete the following techniques:

- Nopi Chagi

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- Twimyo Yop Cha Jirugi

## POWER TEST

This is only open to competitors 14 years, green belt and above. All competitors will complete one (1) hand technique, and one (1) foot technique, as per ITF Scotland Tournament Rules in the pre-qualifying round. Medal rounds will follow the same procedure.

## PRE-ARRANGED SPARRING

This is only open to competitors over 11 years of age, according to the following age categories and divisions.

Pre-Junior	11 – 13 years	i. White – Blue Belt ii. Red – Black Belt
Junior	14 – 17 years	i. White – Blue Belt ii. Red – Black Belt
Senior	18+ years	i. White – Blue Belt ii. Red – Black Belt

Teams can be Male, Female and / or Male and Female Mixed. Each team consists of two persons to complete a pre-arranged sparring routine of between 60-75 sec.

## REGISTRATION & PAYMENT

Registration for this event, must be completed online, by instructors via

<http://www.handlesport.com/user/welcome>

- Registration opens 1<sup>st</sup> January 2018
- **Registration closes 12<sup>th</sup> February 2018, at 23:59 GMT**

***No competitors can enter after the closing date!***

Draws will be online from 15<sup>th</sup> February 2018 from 18:00 GMT onwards at [www.handlesport.com](http://www.handlesport.com)

Instructors must pay registration Fees by 12<sup>th</sup> February 2018 to account:

International Taekwon-Do Federation (Scotland) Limited

Account Number: 43740861

Sort Code: 09-01-28

BIC: ABBYGB2LXXX

IBAN: GB64ABBY09012843740861

*Please ensure you use school/club name as a reference.*

## **COMPETITION ENTRY FEES**

All competitors	£25
Spectators	£5 Adults
	£2 Children 5-15 years

## **UMPIRES**

Each school must participate with **FULL TIME UMPIRE(S)** according to the following (**per day of competition**):

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- 1 to 5 competitors      1 Umpire
- 6 to 14 competitors      2 Umpires
- 15 to 24 competitors      3 Umpires
- 25 competitors or more      4 Umpires or more

Schools that do not participate with any Umpire(s) shall pay the amount of £50 for any missing umpire according to the number of competitors for each day.

Umpire Attire:      Navy Suit, White Long-Sleeved Shirt, Navy Tie,  
White Martial Arts/Training Shoes.

Umpires will be provided with lunch and souvenir.

**ALL UMPIRES MUST BE REGISTERED ONLINE BEFORE THE CLOSING DATE**

## COACHES

It is permitted to have a coach present at the event, as long as the club meets the umpire to competitor ratios per day. They may have the following number of coaches:

- 1 to 5 competitors      1 Coach
- 6 to 14 competitors      2 Coach
- 15 to 24 competitors      3 Coach
- 25 competitors or more      up to a maximum of 5 coaches.

A coach must be a training, licensed member of your school.  
Coach Fee is £10 per coach.

Coach Attire:      club tracksuit, training shoes & towel

## **COACHES MUST BE REGISTERED ONLINE BEFORE THE CLOSING DATE**

### **WEIGHT / HEIGHT CHECK**

The weight / height check will take place at Ravenscraig Regional Sports Facility during the following times:

<b>Friday 16/02/2018</b>	from 6pm – 8pm (any competitor)
<b>Saturday 25/02/2017</b>	from 8am – 9am (only Tots, Kids & Pre-Junior) from 4pm – 5pm (only Junior, Adult & Adv Adult)
<b>Sunday 26/02/2017</b>	from 8am – 9am(only Junior, Adult & Adv Adult)

During weigh in ALL competitors must wear dobok trousers and t-shirt.

A tolerance of 0.5kg is given.

Competitors NOT making the weight / height shall be removed from the category, and charged an addition £5 to be moved to the appropriate category.

### **EQUIPMENT REGULATIONS**

According to ITF regulations all competitors must wear head protection during sparring event.



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All competitors 10 years & under must also wear body armour.

## Compulsory equipment

- Point sparring gloves (not boxing)
- Foot protection
- Head protection
- Gum shield
- Groin guard (males only)
- Body Armour (10 years and under)
- Shin guards (Optional)

## ACCOMMODATION

It is recommended to use the following nearby accommodation.

**DoubleTree by Hilton Strathclyde**

Phoenix Crescent, Strathclyde Business Park, Bellshill, ML4 3JQ

**Holiday Inn Express - Strathclyde**

Hamilton Road, Motherwell, ML1 3RB